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FOR IMMEDIATE RELEASE:

Colorado's Premiere Yoga Festival Announces 2020 Yoga Lineup

Tenth Annual Hanuman Festival June 11-14 Offers Internationally Renowned Leaders in the Health, Wellness & Global Service Community

(Boulder, Colorado) January 22, 2020 – Hanuman Festival announces line-up of world-renowned yoga teachers featuring Seane Corn, Gurmukh, Jai Uttal, Tiffany Cruikshank, Yogrishi Vishvketu, Amy Ippoliti, Saul David Raye, and Sianna Sherman. The festival, scheduled June 11 – 14, is held in beautiful Boulder, CO and features a variety of practices and ceremonies, dedicated to honoring the deep wisdom of yoga.

2020 marks the tenth annual national reunion of health and wellness practitioners, promising a vibrant and transformational experience for the hundreds of health-conscious attendees who flock to Colorado for this one-of-a-kind festival.

Hanuman Festival strives to curate an intentional event to awaken ourselves and celebrate life. By bringing the community together and through prayer, yoga, music, mantra, and dance, we awaken and inspire each other into the most heart-centered, present, and loving versions of ourselves. And in community, one is inspired to celebrate the incredible existence and opportunity to be alive, in gratitude, and in the full expression of ourselves.

Hanuman Festival believes society needs yoga more than ever. This year's theme "Return to the Heart" will invite conversation in classes and panel discussion to illuminate the power of moving through life in pure devotion to the Divine, beyond ego. Hanuman Festival wants to inspire students to identify, address, and move forward from fear and trauma into a place of clarity within the heart. Let's bring awareness to how we slip into the "image self" and get lost from embodying heart-centered living. We are here to live a liberated and vibrant life.

The festival line-up also includes master teachers and artists Amber Ryan, David Newman, Dayna Seraye, DTO, Gurushabd, Hemalayaa, Kat Tudor, Katie Wise and Bhakti Explosion, Kia Miller, Mary Clare Sweet, Masood Ali Khan, Miguel Angel Vergara, Mikey Pauker, Nataraja Kallio, Nubia Teixeira, Sreedevi Bringi, Tommy Rosen, Tunde Borrego, Tyrone Beverly, Wah Khalasa, Yashoda Devi Ma, AcroDorks and many more!

On Thursday, June 11, world-renowned teachers Seane Corn and Gurmukh are scheduled for half-day Immersions that will allow the practitioner to spend more time on a particular topic. Gurmukh and Gurushabd will begin the day with "Open Your Heart to



the Subtle Voice Within,” and Seane Corn will lead the afternoon session with “Revolution of the Soul.” Immersion tickets are now available.

The location of Hanuman Festival is on the scenic grounds of the Boulder High School’s great lawn next to Boulder Creek, adjacent to the Boulder Farmer’s Market. The SunWellness Community Village, free to the public (donations encouraged), will feature over thirty conscious exhibitors and sponsors selling and sampling everything from clothing to jewelry to art and food. Participants can gather in the community tent to eat and relax while enjoying the shade. The SunWellness Community Village will host a daily morning meditation, as well as daily community yoga classes, community workshops, musical acts, wisdom talks, and panel discussions throughout the day. Ceremonies are scheduled throughout the weekend to unite communities together and are designed to honor the heritage of yoga.

Evening music is scheduled throughout the weekend, featuring world-class artists, including soulful kirtans with Saul David Raye, Jai Uttal, David Newman, Katie Wise and Bhakti Explosion, and Mikey Pauker, and a DJ dance party with Amber Ryan. Music is held in the SunWellness Community Village and is free to the public, donations welcomed to support Hanuman Seva initiatives, including Give Back Yoga, Elephants Now, and the Joshua Dias Healing Fund, which supports Hanuman Academy and Hanuman Adventure’s co-founder’s son who is battling Acute Myeloid Leukemia.

Hanuman Festival creates a safe and sacred space for conscious communities to learn and grow, so we may uplift and inspire the world. “Hanuman Festival is committed to its hometown roots, as we grow as a healthy, conscious lifestyle event,” said Festival Director Yoshi Aono.

“Through internationally-renowned teachers and leaders in the worldwide movement for conscious living, Hanuman expects to attract thousands of participants from across the nation.”

3-day (Friday - Sunday) and Thursday Immersion passes are now available. The full weekend class schedule will be released in March. Additional ticket options, including single-day and single-class passes will be available in the Spring on a space available basis. Tickets can be purchased online at www.hanumanfestival.com. Registration closes on Tuesday, June 9.

Hanuman Festival is sponsored by SunWellness Companies, SunWater Spa and SunMountain Center and is supported by partners such as International Yoga Festival, SF Yoga Magazine, Sattva Yoga Academy, Yoga Revealed, Bhakti Fest, Give Back Yoga, Yoga Outlet, Yoga Basics, Shine Restaurant, Zeal, Bali Spirit Festival, Colorado Yoga + Life Magazine, Women’s Wilderness, Lululemon Boulder, Elephants Now, and over 20 yoga studios and teachers across the country including The Subtle Mind, The



River Yoga, Soul Tree Yoga Studios, and Karma Yoga Studio. Boulder High School will help host the Festival.

In dedication to the namesake (Hanuman the monkey God in yogic philosophy), Hanuman Festival is committed to giving back, and in 2015 founded Hanuman Adventures for practitioners to participate in hands-on service projects around the world. [Hanuman Adventures](#) features extraordinary yoga retreats with a unique focus on Seva and sacred sites in conscious community. Hanuman Adventures will lead a heart-opening journey beachside in Bali this spring to inspire your soul. As an intimate community, retreat goers will sing with Katie Wise & Bhakti Explosion, practice Prana Vinyasa yoga with Monica Mesa Dasi, and visit sacred sites and attend ceremonies with Yoshi Aono.

Yogis can also expand and grow in their yoga practice from the comfort of their home via the online education platform, [Hanuman Academy](#), which features the Five Elements of Yoga with Saul David Raye, Sianna Sherman, Janet Stone, Juan Pablo Barahona, and Sreedevi K. Bringi; Radical Self Mastery - Sattva Yoga with Anand Mehrotra; Everyday Ayurveda: Embodying Intuitive Wholeness with Laura Plumb; and Radiance 40 Day Reset for Body, Mind & Soul with Dayna Seraye.

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